



Saint Sharbel Maronite Catholic Church

Saint Sharbel, Pray for Us!

1804 SE 16th Ave., Portland, OR 97214

503.231.3853

stsharbelpdx@gmail.com

www.stsharbel.org

August 19, 2018



Next Sunday

Eph 5:21-31

Jn 6:50-69

Your Gifts To God

Offering Report for August 5th -11th

Online.....\$1,275.00

Collection.....\$349.00

Weekly Total.....\$1,624.00

YTD Total.....\$55,412.88

YTD Goal.....\$59,108.00

YTD Difference.....**-\$3,695.12**

Liturgy Intentions

Sunday, August 19th, 10:30 am

Tatiana Nguyen

Monday, August 20th

Bill Jedlick

Tuesday, August 21st

Available

Wednesday, August 22nd

Available

Thursday, August 23rd

Available

Friday, August 24th

Available

Saturday, August 25th

Available

Sunday, August 26th

Available

Adoration/Exposition every Sunday at 9:30 am before the morning Liturgy.

Confession every Sunday at 9:45 am before the morning Liturgy.

Also join us to pray the Rosary on Sundays at 10:00 am before the Liturgy begins.

Altar Sponsorship

Sunday, August 19th

Redmond Family

Sunday, August 19th

Available

Parish & Community Events

Parish Council

+Bruce Ashford
(Treasurer)

Charlie Ashou

Gus Bekahi

Nick El Hajj

Agopos Ghossein

Adib Karam

+Claude Karam

Anne Marentette
(Secretary)

Doug Raab

+Thaddeus Rask

Nadia Redmond

Mitch Siekmann

Laif Waldron

Ex Officio
+Deacon Tony
+Deacon Wadih

+Finance Committee

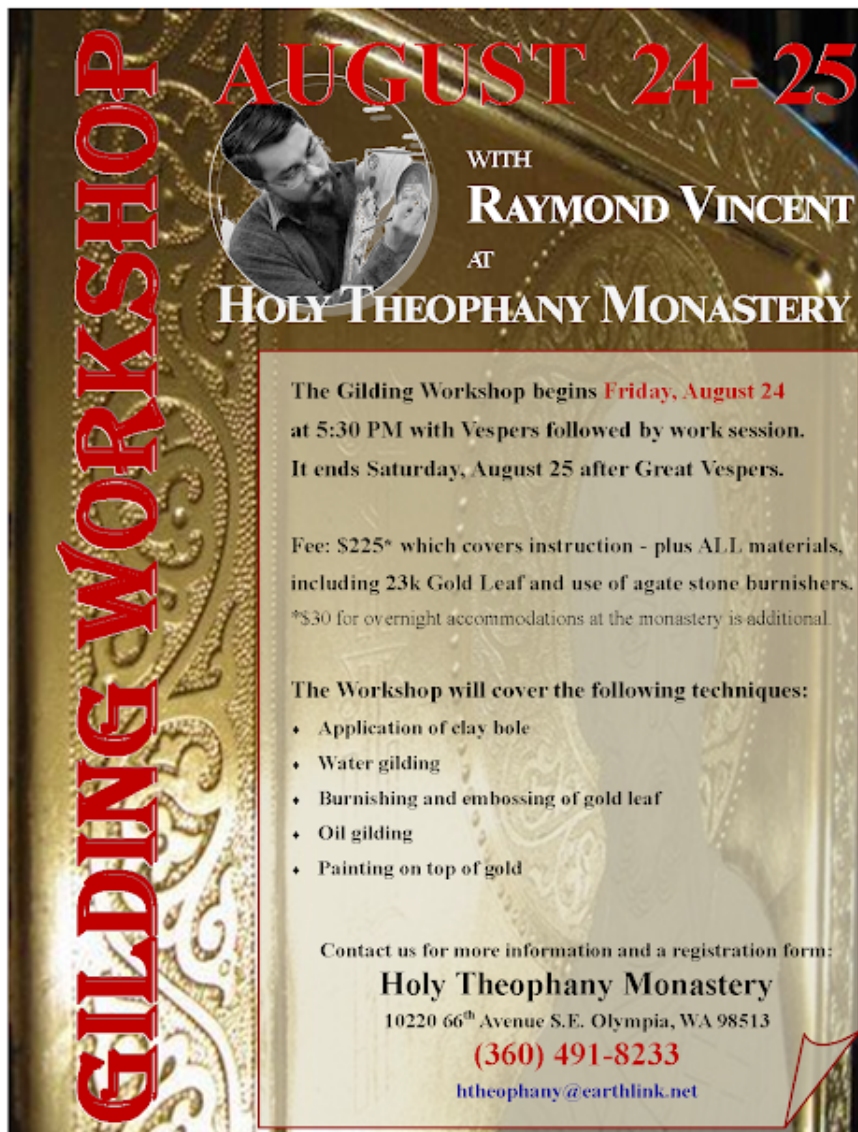
NFP Class Series

When: September 4th, 18th and October 4th from 7-9pm

Where: Northwest Family Services, 6200 SE King Rd., Portland, OR 97222

Contact: Lauren Fuller- lfuller@nwfs.org

Northwest Family Services is pleased to offer their Fall 2018 series for learning Natural Family Planning through their SymptoPro Fertility Education program. The Sympto-Thermal method of NFP is scientifically based and can be up to 99% effective when learned and applied under the guidance of an instructor. NFP can be used to avoid pregnancy, achieve pregnancy, or to understand cycle health! One-time class fee of \$110 includes 6 months of comprehensive support. To register visit: www.symptopro.org or contact Lauren Fuller at lfuller@nwfs.org.



GILDING WORKSHOP

AUGUST 24 - 25

WITH
RAYMOND VINCENT
AT
HOLY THEOPHANY MONASTERY

The Gilding Workshop begins **Friday, August 24** at 5:30 PM with Vespers followed by work session. It ends Saturday, August 25 after Great Vespers.

Fee: \$225* which covers instruction - plus ALL materials, including 23k Gold Leaf and use of agate stone burnishers.
*\$30 for overnight accommodations at the monastery is additional.

The Workshop will cover the following techniques:

- Application of clay bole
- Water gilding
- Burnishing and embossing of gold leaf
- Oil gilding
- Painting on top of gold

Contact us for more information and a registration form:
Holy Theophany Monastery
10220 66th Avenue S.E. Olympia, WA 98513
(360) 491-8233
htheophany@earthlink.net

Reflection

Jn 6:51-58

Jesus says, “Eat me. Drink me.” This is the only way we ever have life within us. Jesus is very clear and blunt about it. His flesh is true food and his blood is true drink. Any other diet leaves us empty and hollow, hungry and bereft of life. “Very truly, I tell you unless you eat the flesh of the Son of Man and drink his blood you have no life in you.” Those are ominous words, words that haunt and challenge us to consider whether there is life within us.

Jesus is talking about more than just physical or biological life. He’s talking about that life that is beyond words, indescribable, and yet we know it when we taste it. We get a taste of it when we love so deeply and profoundly that everything about us dies, passes away, and somehow we are more fully alive than ever before. Sometimes everything seems to fit together perfectly and all is right with the world; not because we got our way but because we knew our self to be a part of something larger, more beautiful, and more holy than anything we could have done. We were tasting life. There are moments when time stands still and we wish the moment would never end. In that moment we are in the flow, the wonder, and the unity of life, and it tastes good.

Most of us spend a fair amount of time, energy, and prayer trying to create and possess the life we want. In spite of our best efforts sometimes we live less than fully alive. Sometimes the outside and inside of who we are don’t match up. We ask ourselves, “What am I doing with my life?” We wonder if this is all there will ever be. Is this as good as it gets? We lament at what has become of us and our life. Nothing seems to satisfy. We despair at what is and what we think will be. Despite family and friends we find no place in which we really belong.

Those questions and feelings are not so much a judgement on us, but a diagnosis of us. They are symptoms that there is no life in us. We are dying from the inside out. There is, however, treatment for our condition and food for our hunger. Life in Christ, not death in the wilderness, is our destiny. The flesh and blood of Christ are the medicine that saves; what St. Ignatius called “the medicine of immortality.” One dose, however, is not enough. We need a steady diet of this sacred medicine, this holy food.

Jesus is our medicine and our health. He is our life and the means to the life for which we most deeply hunger. We don’t work for the life we want. We eat the life we want. Wherever human hunger and the flesh and blood of Christ meet, there is life.

In the eating and drinking of Christ’s flesh and blood he lives in us and we live in him. We consume his life that he might consume and change ours. We eat and digest his life, his love, his mercy, his forgiveness, his way of being and seeing, his compassion, his presence, and his relationship with the Father. We eat and drink our way to life. So leave nothing behind. Push nothing to the side. Clean your plate!

“Whoever eats me will live because of me,” Jesus said.



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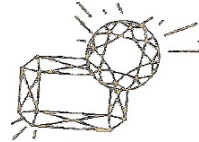
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