



Saint Sharbel Maronite Catholic Church

Saint Sharbel, Pray for Us!

1804 SE 16th Ave., Portland, OR 97214

503.231.3853

stsharbelpdx@gmail.com

www.stsharbel.org

June 6, 2021

The Spirit Teaches



Next Sunday

Jesus Rejoices in the Holy Spirit

1 Cor 2:11-16 (The True Wisdom)

Lk 10:21-24 (Praise of the Father)

Your Gifts To God

Offering Report for May 23rd - 29th

Online.....\$1,255.00

Collection.....\$425.00

Weekly Total.....\$1,680.00

YTD Total.....\$40,270.47

YTD Goal.....\$40,612.00

YTD Difference.....**-\$341.53**

Liturgy Intentions

Sunday, June 6th, 11:00am

+Nadia Abdallah 40 Day Memorial

Monday, June 7th

Available

Tuesday, June 8th

Available

Wednesday, June 9th

Available

Thursday, June 10th

Available

Friday, June 11th

Available

Saturday, June 12th

Available

Sunday, June 13th

Available

Adoration/Exposition every Sunday at 10:00 am before the morning Liturgy.

Confession every Sunday 10:35-10:50am before the morning Liturgy.

Also join us to pray the Rosary on Sundays at 10:30 am before the Liturgy begins.

Altar Sponsorship

Sunday, June 6th

Available

Sunday, June 13th

Available

Parish | Community Events

Parish Council

+Bruce Ashford
(Treasurer)

Charlie Ashou

Gus Bekahi

Nick El Hajj

Agopos Ghossein

Adib Karam

+Claude Karam

Anne Marentette
(Secretary)

+Doug Raab

+Thaddeus Rask

Nadia Redmond

Mitch Siekmann

Ex Officio

+Deacon Tony

+Deacon Wadih

+Finance
Committee



Seek Things Above

MONASTIC DISCERNMENT RETREAT JUNE 18 - 20

at Mount Angel Abbey & Online

For information or to register, contact
Fr. Odo Recker, OSB, Vocation Director
503.881.8919 | vocation@mtangel.edu

MOUNTANGELABBEY.ORG

Wedding Planning Checklist

4 MONTHS TO GO

- ☐ PLAN THE CEREMONY
- ☐ WRITE VOWS
- ☒ ATTEND COUPLES WORKSHOP TO BUILD A STRONG FOUNDATION FOR MY MARRIAGE

Prepare for your marriage at our next
Couples Workshop!

Trained therapists will guide you
through exercises and activities that will
help you build communication and
conflict resolution skills to use
throughout your marriage.

****This workshop fulfills the 4th step in the
Archdiocese of Portland's Marriage
Preparation Journey.****



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www.nwcounseling.org



NEXT WORKSHOP IS:

Friday, June 18, 6 pm–8 pm &
Saturday, June 19
9 am–11am & 1 pm–3 pm
(Couples must attend each session)

WHERE

Online with Zoom
(Couples will be emailed with log-in information)

COST

\$225 per couple

REGISTRATION

Register and pay online at
nwcounseling.org/marriage-prep

Follow us on social media!

@2Have2HoldPDX



Personal Freedom thru the 4 Agreements

Presented by Shirley Price, LPC

We can often live our lives with self-limiting beliefs that can contribute
to us feeling stuck, uninspired, and in the depths of suffering.
Exploring new beliefs or adjusting the mindset can help free ourselves.

Come for a support session from a knowledgeable therapist to learn
about Don Miguel Ruiz's powerful *Four Agreements* and how to use
them to make transformations in your life.



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When:

Saturday, June 12th, 2021
10:30 AM - 12:00 PM PT

Virtual Zoom Session:

Email with links for access will be sent
the day of the workshop.

Register:

Online

nwcounseling.org/services/workshops/

Or Call (503)253-0964

Cost:

\$25 per household

Hardship scholarships available upon request

Pre-registration required. Workshop fee
must be paid at time of registration.

*Workshop fee is non-refundable; fee will remain a
workshop credit for 6 months.*

Covid Mass Policies

****SUNDAY MASS TIME****

11:00am

Confessions: 10:35-10:50am

In-Person Mass Sign Ups

We are switching over to using Sign-Up Genius for our weekly in person sign ups. The system will allow you to access at any time and register or alter a reservation. It is able to update in real-time, where as I am not. The sign up sheet is emailed every Wednesday, prior to the week's masses.

Here is the link in case you need to check or alter your reservation.

<https://www.signupgenius.com/go/10C0C4EA9AF23A4FC1-inperson>

COVID MASS POLICIES

- You will need to come with a mask. Mask may be removed to receive Communion obviously. We don't have masks to give you so please bring one.
- I cannot give Communion outside of Mass – this means in your cars, on the sidewalk, etc. Communion for the homebound is suppressed also at this time.
- Sit only in spot marked on pews. Remain physically distant as you enter and exit the church through the basement entrance only.
- No lingering after Mass, you will need to leave directly.
- If your name is not of the sign up list the ushers cannot allow you to come in. We will need to be strict about this and apologize in advance for problems that might arise.
- I request you only use the downstairs entrance, below the main stairs, the other doors will be closed, this will help us to be able to clean commonly touched surfaces.
- We will not allow use of missals, or other books in the pews. Do your best with the responses.
- Only people who are members of the parish are eligible at this point to attend our limited Masses. If you have been coming regularly, and are not registered elsewhere but have not registered with us, now is the time to do this. Archbishop has asked that we keep people going to the parishes they are registered as a way to respect fair and equitable access to all.

Sunday, June 6, 2021, 10:30am

Youtube Channel Link:

<https://www.youtube.com/channel/UCi8CEQIEnX-VeERKBMqhKRA>

We'll be using this same link every week since it connects to St. Sharbel's Youtube Channel. Once there click on the appropriate date for mass.

Reflection

As we continue in our celebration of the descent of the Holy Spirit at Pentecost, our reflection now turns to the theme of the purifying and elevating work of the Holy Spirit in the Eucharist.

The Spirit, who is believed to be at work in the celebration of all the sacraments, plays a particularly intimate role in the Eucharist, which, in Syriac theological anthropology, is one of the two nature-changing sacraments, the other being Baptism. Not only is the Eucharist seen as the new and superior fruit of the Tree of Life, it is also seen as containing the same fire and Spirit present in the womb of the Virgin at her impregnation and present in the baptismal font. The power of the new fruit is that it divinizes its receivers. Those who eat of the fire in the bread and the Spirit in the wine become infused with the very same elements of God. This is a significant elevation over the previous nature of man; as Ephrem points out Isaiah only had the coal touch his lips, but we fully consume it. The implication is that we are wholly purified, not only in an exterior ritual sense, but at our very core. In physically consuming the fire in the bread and the Spirit in the wine, our nature is not simply restored to the pre-fallen state of Adam, but entirely elevated to a divinely infused nature. Divinity is something in which we participate in a limited sense, rather than acting as simply the passive recipients of its benevolence in the form of the fruit in the Garden. Having been elevated to the divine nature through the remedy of the Eucharist, we are granted access to a level of intimacy with God that even Adam could not enjoy after the fall.

In the Eucharist, Jesus Christ himself has prepared before us the feast of life and has invited each of us to partake of it. This feast of life – the Eucharistic feast – is the divine presence, and is often depicted as fire. Fire normally burns and incinerates material, but Christ weds the Church and allows her children to consume His own flesh that He has prepared by His self-sacrifice. He is also the only food that could effect the benefits that He does:

Blessed are you, O Holy Faithful Church, for the Groom Who wed you placed before you a good and heavenly food. He mixed a drink at your banquet and those who drink it will never thirst. Come! Eat fire in the bread and drink Spirit in the wine that you shall be adorned by fire and by Spirit and enter with Him into the nuptial chamber!

This verse bids the Church to draw near to the feast of her Groom, which is unmistakably a Eucharistic allusion. Partaking of this feast that He has set before the Church allows her both to consume and be adorned by fire and the Spirit – clearly divine elements. The fire is the very presence of Christ, her Groom, and the Spirit is the Third Person of the Trinity inextricably united to the Son. If the Church consumes His body and blood, here called the bread and wine, she can enter with Him into the nuptial chamber, and thus the members of the Church are brought into union with Christ and are restored from Adam's transgression through the remittal of sins.

There is truly a profound and essential connection between the Eucharist and the working of the Spirit in the life of the Church. Each time we gather in the celebration of the Eucharist, drawing near to the banquet of Jesus Christ, we consume the fire in the bread and the Spirit in the wine. Through this consumption, we receive the same Spirit that impregnated the Virgin Mary, the same Spirit that descended upon the Apostles and Mary on Pentecost, and the same Spirit that was active on the day of our Baptism. In receiving the fire and the Spirit in the Eucharist, we are no mere receptacles, but are continually changed, transformed, and elevated at the very core of our being and brought into the deepest of unions with God himself. Today we receive Jesus Christ. Today we receive the fire and the Spirit. Today is our Pentecost.

**Gibran N Zogbi**

Agent

2925 SE 73rd Avenue
Hillsboro, OR, 97213
Bus 503-649-9514 Fax 503-649-1612
gibran.zogbi.qdmq@statefarm.com



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& CATERING**

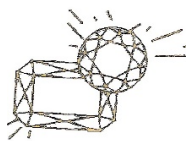
30 years in business

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