



Saint Sharbel Maronite Catholic Church

Saint Sharbel, Pray for Us!

1804 SE 16th Ave., Portland, OR 97214

503.231.3853

stsharbelpdx@gmail.com

www.stsharbel.org

April 30, 2023

**4th Sunday of the Resurrection:
Jesus Appears to the Disciples at Sea**



Next Sunday

**5th Sunday of the Resurrection:
Jesus Delivers the Office of Shepherd to Peter**

Eph 2:1-10 (Generosity of God's Plan)

Jn 21:15-19 (Jesus and Peter)

Your Gifts To God

Offering Report for April 16th - 22nd

Online.....\$393.30

Collection.....\$2,313.00

Weekly Total.....\$2,706.30

YTD Total.....\$30,677.15

YTD Goal.....\$36,928.00

YTD Difference.....**-\$6,250.85**

Liturgy Intentions

Sunday, April 30th, 11:00am

Available

Monday, May 1st

Available

Tuesday, May 2nd

Sister Mariam

Wednesday, May 3rd

Available

Thursday, May 4th

Available

Friday, May 5th

Available

Saturday, May 6th

Available

Sunday, May 7th

Available

**Adoration/Exposition every Sunday at 10:00
am before the morning Liturgy.**

**Confession every Sunday 10:35-10:50am
before the morning Liturgy.**

**Also join us to pray the Rosary on Sundays
at 10:30 am before the Liturgy begins.**

Altar Sponsorship

Sunday, April 30th

Available

Sunday, May 7th

Available

Parish Council

Bruce Ashford
Charlie Ashou
Gus Bekahi
Ben El Hajj
Agopos Ghossein
Adib Karam
+Claude Karam
Lydia Massaad
+Doug Raab
+Thaddeus Rask
Nadia Redmond
Peter Rizk
Mitch Siekmann

+Finance
Committee



There are false emails going around claiming to be Abouna and asking to do a favor for him. If you receive something from him, please check the sending address and make sure it is his address frchristopherfabre@gmail.com The emails use his name, but the email address is always something different.



High School Graduate Scholarships

MYO – John A. Solomon
Two for High School Seniors \$2000

Massabki Brothers
One for High School Seniors \$2000

Naomi & Paul Kassouf
Two for High School Seniors \$2000

Abouna Sharbel
Three for High School Seniors \$1000

Undergraduate Scholarships

Chagoury Family Undergraduate
One for College Student \$2000

Thomas & Jennie Ayoub
One for College Student \$2000

Grad & Professional Scholarship

Chagoury Family Graduate
One for Graduate Student \$2000

Study Abroad in Lebanon Opportunities

Notre Dame University-Louaize
Up to 10 scholarships total for Fall 2022 or Spring 2023

The Holy Spirit University of Kaslik
Up to 12 students for Summer 2023 Semester

For more information and applications visit www.namnews.org, namescholarships@gmail.com, or call NAM at 330-212-9207

Application Deadline: May 31, 2023

SECOND COLLECTIONS

Next Collection:

APRIL 30, 2023

Catholic Home Missions Appeal

Parish Programs



St. Sharbel's MYO or "The Cedars of Saint Sharbel" gathers in the upstairs meeting room immediately after mass. The group is for boys and girls ages 13-18.

Upcoming Meeting Dates Are:

4/30 Cedars Dabke for/with St. Sharbel Families — Final meeting of the Year

Please contact Gennifer Karam at jmjkaram3@gmail.com to register

Maronite Young Adults (MYA)

MYA is a local chapter of a national Maronite organization for single and married men and women ages 19+



Next Event:

TBA

For more info on the MYA, contact Claude@trazzafoods.com

Religious Education

To ALL Families with children between Ages 6-11



For Information about family catechesis and sacrament preparation Contact Nadia Redmond, Coordinator of Religious Education, n.redmond@comcast.net

Please continue to pray for our parish and ministries

Invitation to all Sisters in Christ,

A year ago, we formed a group of 7 sisters in Christ to join the Seven Sisters Apostolate, <https://sevensistersapostolate.org/>. Catholic parishes across the United States have joined this beautiful apostolate to pray for our priests.

The Seven Sisters Apostolate is a call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop—a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ.

St. Sharbel's 7 sisters are committed to pray for one Holy Hour per week for Abouna Christopher.

If the Holy Spirit is calling you to make this commitment, please contact Nadia Redmond at 503-671-0440 or email: n.redmond@comcast.net

Reflection

In the Season of the Resurrection, we celebrate Christ's life-giving Resurrection from the dead, which destroyed death and the slavery of sin. It is curious, then, to look at the prayers for the morning of Great Saturday, the day before Easter Sunday, and see a beautiful hymn about the Eucharist. As beautiful as it is, one may ask what connection the Eucharist has with the Resurrection, which the hymn answers in itself:

New life is found by whomever has eaten from Your Table

The Eucharist is truly the body and blood of our Lord Jesus Christ, the same body and blood that worked miracles, suffered, died on the cross and rose for our salvation. Just as Christ's body brought mankind life and healing before His Ascension, which we will celebrate later this month, so too does it even now. The table referred to in the verse is the Table (or Feast) of Life – the holy altar, upon which is placed His body and blood.

Your blood which was poured forth on Golgotha killed death and destroyed Sheol.

Just as said above, the same body and blood that saved us is given to us in the Eucharist. The blood which was poured out from Christ on Golgotha, where He was crucified, destroyed death and the place where the dead were relegated before the Resurrection, which is Sheol. This pure blood that wiped away the transgression of Adam, which he committed in the Garden of Eden, and destroyed death is now given to us in communion. Each time we go to communion we receive the death-destroying blood of Christ.

Bread and wine, body and blood – any one who approaches shall live by them.

The body and blood of Christ that we receive in the Eucharist, however, is not dead. Christ rose from the dead and lives eternally; likewise His body and blood are living. This living flesh and blood of the living God are given to us that we may eat of the divine life and live. But the divine life is not simply a longer version of human life, but a life free of death and sin, joyfully united to the incomprehensible Holy Trinity in love.

May Your body, O Son of God, be the medicine which heals our wounds.

But until we arrive at the eternal life of heaven, we are still ailed by the sicknesses and weaknesses of this world, both in body and spirit. The body and blood of Christ, which we receive, has the capacity to heal us from both. God has given us His body because He loves us and wishes us to have present access to the salvation He wrought for us two thousand years ago. When we consume His flesh and blood, we receive the fullness of life and healing He wishes to impart – whether that is physical or spiritual.

The Eucharist is the Bread of Life – let us approach it in faith and eagerness!

Bulletin Sponsors



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